



The RESILIENCE COUNSELING & TRAINING CENTER

In Collaboration with the North American Society of Adlerian Psychology

**OFFERS A UNIQUE 3-DAY WEEKEND
PROFESSIONAL DEVELOPMENT EXPERIENCE**

The Evolution of Counseling Practice:

Integrating Resilience Research & the Wellness Promoting Models

BOSTON, MASSACHUSETTS

February 5-7, 2027

Friday 1:00pm until Sunday 2:00pm

Join us for an immersive professional development experience where **Alfred Adler's foundational model** is merged with the science of resilience, cognitive-behavioral counseling, trauma-informed practice, and other innovative, wellness promoting counseling approaches.

Learn to help clients identify patterns, gain new perspectives, develop personal resilience, and begin moving toward change, and social-emotional wellbeing. – via **LIVE DEMONSTRATIONS & EXPERIENTIAL PRACTICE!**

Rather than relying on a single therapeutic lens, **expand your toolkit** within a larger unified, consistent framework blending complementary approaches that, woven together, enable more effective, responsive, creative, and effective counseling experiences.

This dynamic training integrates powerful perspectives and innovative techniques—including:

- ❖ **Adlerian Psychology** – Discover how foundational Adlerian concepts enable the integration of most contemporary counseling models and techniques including:
 - **EMDR-Informed Techniques.** Learn innovative strategies for working with distressing, trauma experiences and facilitate client movement toward more adaptive processing and meaningful change.
 - **Internal Family Systems (IFS)** – Explore the transformative potential of working with clients' protective patterns and core resources to foster greater self-understanding, compassion, and integration.
 - **Early Memory Reorientation** – Discover powerful ways of revisiting and reorienting early memories to uncover patterns, expand perspective, and move clients toward new possibilities for themselves.
 - **Cognitive-Behavioral Counseling Practices** – Integrate cognitive-behavioral strategies with deeper, experiential work creating a more comprehensive counseling experience.
- ❖ **Resilience-Focused Counseling** – Explore the emerging resilience research and applications for practical strategies that focus on accessing strengths, developing capacities, and moving toward increased mental health, social wellbeing, and meaningful contribution.
 - Learn to adopt a **Parent-Child-School Triad** perspective in the initial assessment and the development of collaborative interventions that promote child/adolescent success, resilience, and wellbeing (academic & social).
 - Learn about **Project LIFT**, an innovative approach for working with **adolescents experiencing substance abuse and delinquency** issues that has demonstrated an 80% success rate.

INSTRUCTORS:

**William Nicoll, Ph.D., & Monica Nicoll, Ph.D., LCMHC Resilience Counseling and Training Center,
Bob Zaccheo, LMHC, Project LIFT CEO & Founder,**

Recommended For ALL Counselors & Mental Health Professionals
Including: Mental Health, School, Substance Abuse, Marriage/Family



NASAP is an approved provider for NBCC and APA Continuing Education Credits.



COME TO LEARN, TO EXPERIENCE, & TO TRANSFORM YOUR SKILLS.

Take your skills to the next level via resilience-informed, integrative practices.

Live Demonstrations and Experiential Learning Activities EACH DAY!

SPACE IS LIMITED - REGISTER EARLY!!

LOCATION: *The Bostonian Hotel* Located in the heart of downtown Boston's historic district!

Low Group Room Rates: **\$139.00 p/king - \$159.00 2dbl bd.** For reservations, Contact the Bostonian Hotel
[Tel. 617-523-3600 or, Email: Bostonian@millenniumhotels.com]

[Be sure to state that you are requesting the Resilience Counseling & Training Center group rate.]

TO REGISTER:

1. Complete the Registration Form below.
2. Send via post or email to: **Resilience Counseling and Training Center:**
Email: resiliencetc@aol.com **Postal Mail:** P.O. Box 1435, North Conway, New Hampshire 03860
[For further information Contact RCTC via website: www.resiliencetcounselingcenter.com]

REGISTRATION FORM:

Registrants must complete and submit this form and send with check, money order, or credit card payment to RCTC.

Name: _____

Professional Title/Position: _____

Postal Address: _____

City: _____ State/Province: _____ Zip/Post Code: _____

Country: _____

Email: _____ Phone: _____

\$ 295.⁰⁰ (USD) – [Earley Bird Reg. **\$ 265.00** by January 1, 2027]

Registration Fee includes all workshop materials:

The Evolution of Counseling Practice:

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February 5 – 7, 2027 Total Payment: \$ _____

Payment Method: Check: _____ or Credit Card: _____

Make checks payable to: Resilience Counseling & Training Center.

Or, Provide ***Credit Card Information below:***

Name on Card: _____,

Credit Card Number: _____ Exp Date: _____ CVV #: _____

Signature: _____

Send Completed Registration Form and Fee Payment to:

EMAIL: resiliencetc@aol.com or, **POST:** P.O. Box 1435, North Conway, New Hampshire 03860 USA