

The RESILIENCE COUNSELING & TRAINING CENTER

In Collaboration with the North American Society of Adlerian Psychology

OFFFERS A UNIQUE 3-DAY WEEKEND
PROFESSIONAL DEVELOPMENT EXPERIENCE

The Evolution of Counseling Practice:

Integrating Adlerian Psychology, Resilience Research, & the Wellness Promoting Models

BOSTON, MASSACHUSETTS

February 5-7, 2027

Friday 1:00pm until Sunday 2:00pm

Join us for an immersive professional development experience in which Alfred Adler's foundational model is merged with the science of resilience, cognitive-behavioral counseling, trauma-informed practice, and other innovative, wellness promoting counseling approaches.

Learn to help clients identify patterns, gain new perspectives, develop personal resilience, and begin moving toward change, and social-emotional wellbeing. – via

LIVE DEMONSTRATIONS & EXPERIENTIAL PRACTICE EACH DAY!

Expand your counseling toolkit within a larger unified, consistent framework blending complementary approaches that, woven together, enable more effective, responsive, creative, and effective counseling experiences.

This dynamic training integrates powerful perspectives and innovative techniques—including:

- **Adlerian Psychology** – Discover how foundational Adlerian concepts enable the integration of most contemporary wellness promoting counseling models including:
  - **EMDR-Informed Techniques.** Learn innovative strategies for working with distressing, trauma experiences and facilitate client movement toward more adaptive processing and meaningful change.
  - **Internal Family Systems (IFS)** – Explore the transformative potential of working with clients' protective patterns and core resources to foster greater self-understanding, compassion, and integration.
  - **Early Memory Reorientation** – Discover powerful strategies for revisiting and reorienting early memories to uncover patterns, expand perspective, and move clients toward new possibilities.

- **Resilience-Focused Counseling** – Explore the emerging resilience research and applications for practical strategies that focus on accessing strengths, developing capacities, and moving toward increased mental health, social wellbeing, and meaningful contribution.
  - Learn a **Parent-Child-School Triad** perspective for the assessment and the development of collaborative interventions promoting child/adolescent success, resilience, and wellbeing (academic & social).
  - Learn about **Project LIFT**, an innovative approach with **At-Risk Adolescents experiencing substance abuse and delinquency** issues with high success rates.

INSTRUCTORS:

William Nicoll, Ph.D., & Monica Nicoll, Ph.D., LCMHC Resilience Counseling and Training Center,
Bob Zaccheo, LMHC, Project LIFT CEO & Founder,

Recommended For ALL Counselors & Mental Health Professionals
Including: Mental Health, School, Substance Abuse, Marriage/Family

NASAP is an approved provider for NBCC and APA Continuing Education Credits

EARN 15 CEU Hours

NASAP has been approved by NBCC as an Approved Continuing Education Provider - ACEP No. 5263
The North American Society of Adlerian Psychology is solely responsible for all aspects of the programs.
The North American Society of Adlerian Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. NASAP maintains responsibility for the program and its contents.

COME TO LEARN, TO EXPERIENCE, & TO TRANSFORM YOUR SKILLS.

Take your skills to the next level via resilience-informed, integrative practices.

SPACE IS LIMITED - REGISTER EARLY!!

LOCATION: ***The Bostonian Hotel*** Located in the heart of downtown Boston's historic district!
Low Group Room Rates: $139.00 p/king - $159.00 2dbl bd. For reservations, Contact the Bostonian Hotel
[Tel. 617-523-3600 or, Email: Bostonian@millenniumhotels.com]
[Be sure to state that you are requesting the Resilience Counseling & Training Center group rate.]

TO REGISTER:

1. **Complete the Registration Form below.**
2. **Send via post or email to: Resilience Counseling and Training Center:**
   Email: resiliencectc@aol.com Postal Mail: P.O. Box 1435, North Conway, New Hampshire 03860
   [For further information Contact RCTC via website: *www.resiliencecounselingcenter.com*]

REGISTRATION FORM:

Registrants must complete and submit this form and send with check, money order, or credit card payment to RCTC.

Name: _____

Professional Title/Position: _____

Postal Address: _____

City: _____ **State/Province:** _____ **Zip/Post Code** _____

Country: _____

Email: _____ **Phone:** _____

$ 295.00 (USD) – [Earley Bird Reg. $ 265.00 by January 1, 2027]

Registration Fee includes all workshop materials:

The Evolution of Counseling Practice:

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February 5 – 7, 2027 Total Payment: $_____

Payment Method: **Check: ____** or **Credit Card: _____**

Make checks payable to: Resilience Counseling & Training Center.
Or, Provide ***Credit Card Information below:***

Name on Card: _____,

Credit Card Number: _____ **Exp Date:** _____ **CVV #:** _____

Signature: _____

Send Completed Registration Form and Fee Payment to:

EMAIL: resiliencectc@aol.com or, MAIL to: P.O. Box 1435, North Conway, New Hampshire 03860 USA